

# ABSTRACT Submission Guidelines for oral and posters presentations

Abstracts close 31 July 2025 Late Abstracts will NOT be accepted

Abstracts highlight major points of your research or quality improvement project and explain why your work is important; what your purpose was, how you went about your project, what you learned, and what you concluded.

Abstracts should **NOT** exceed 300 words and do **NOT** include references. Abstracts **MUST** be submitted online using the Submit Abstract link below. You will be notified of the selection outcome on the 15 August 2025.

Abstracts that exceed the word count may not be considered.

The following information is required:

- Presenter details service, position and email address and phone number
- Presentation Title
- Abstract description (the abstract)
- Brief biography of presenter(s)
- Co-investigators/authors

**Conference Theme:** Consider these conference themes or propose your own appropriate theme:

#### Access

Essential in social prescribing is ensuring that individuals, particularly those facing social and material determinants of health challenges, can access social prescribing pathways. Key pathways include general practice, but there's growing interest in other avenues such as pharmacies, community-managed organisations, allied health providers, hospitals, and prisons. Papers in this area would explore effective strategies for identifying needs through data, health equity metrics, and regional assessments to create accessible pathways.

• Sub-themes: Referrals through various healthcare and community settings.

## Need

This theme is centred on understanding and meeting the diverse needs of various community groups, including children and young people, LGBTIQ communities, Aboriginal and Torres Strait Islander communities, and individuals with chronic health conditions. It encompasses social, emotional, environmental, and cultural aspects of well-being. Relevant papers would focus on maximizing opportunities for these groups to enhance their quality of life and health, addressing the needs of carers and older persons, and possibly reevaluating the role of lonelygenic environments.

• Sub-themes: Specific needs and interventions for different demographic groups and communities.

# Opportunity

Opportunities in social prescribing cover activities that individuals can engage in to improve their health and well-being, such as arts and culture, nature-based solutions, leisure and socialization, and physical activity. Papers in this category would explore various social prescriptions available and how they can be effectively utilised to enhance well-being.

• Sub-themes: Range of activities and programs available as social prescriptions.

# Enrichment

Opportunities in social prescribing cover activities that individuals can engage in to improve their health and well-being, such as arts and culture, nature-based solutions, leisure and socialization, and physical activity. Papers in this category would explore various social prescriptions available and how they can be effectively utilised to enhance well-being.

• Sub-themes: Personal development, community contribution, capacity building.



## Connection

Emphasising community building, this theme involves community development, strengthening community ties, working with local governments, and co-design with consumers. Papers would look at examples of community-led initiatives and ways to engage different demographic groups, ensuring that services are community-centred and beneficial for social cohesion.

• Sub-themes: Community-led initiatives, engagement strategies for various demographic groups.

## Community

Emphasising community building, this theme involves community development, strengthening community ties, working with local governments, and co-design with consumers. Papers would look at examples of community-led initiatives and ways to engage different demographic groups, ensuring that services are community-centred and beneficial for social cohesion.

• Sub-themes: Community-led initiatives, engagement strategies for various demographic groups. **Growth** 

Focusing on the scalability, sustainability, quality, and effectiveness of social prescribing at state and national levels. Papers in this area would delve into methods for measuring and improving program quality, monitoring and evaluation techniques, and strategies for ensuring the long-term viability of social prescribing initiatives.

• Sub-themes: Scalability, program evaluation, sustainability strategies.

#### Abstract Format: It's recommended to include the following subheadings:

**Presentation type**: Advise whether you intend the presentation to be Oral, or a Poster, or Either.

Introduction: background/purpose, rationale, objectives/aim

Method: how was the problem studied/addressed

Results: principal findings (if available)

Discussion: significance/implications for practice/recommendations

Presentations (Oral and Poster) will be assessed on the following criteria:

- Must be a Social Prescribing professional or academic engaged in either the research or quality improvement process.
- The research or quality improvement project needs to be relevant to the practice of Social Prescribing
- The abstract needs to contain a well-defined aim and/or research question.
- The methods used for the research or quality improvement project is appropriate.
- The discussions / conclusions are sound.

#### **Questions and assistance**

Email any questions or concerns to us at: secretariat@sp.edu.au

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